Welcome to Trinity Cathedral
To love and to serve

The Traditional Eucharist - Rite I
August 6, 2023 - 8:00 AM
The Tenth Sunday After Pentecost - The Feast of the Transfiguration

Presider: The Rev. James Richardson, Priest Associate
Welcome! You are important to us and we hope your time at Trinity Cathedral is beneficial! The congregation is invited to read and sing the words in bold. Please silence all devices.

This Sunday's flowers are given to the glory of God.

The Gathering of the Community
The Word of God

Land Acknowledgment
Trinity Episcopal Cathedral Sacramento gathers, worships, and serves on the traditional, ancestral, and unceded territory of the Nisenan people. We recognize and thank the Indigenous stewards of this land - past, present, and future. With God’s help, we agree to hold ourselves accountable to forming new and ongoing relationships of honor and respect with these lands and peoples.

Greeting & Summary of the Law
The people stand in body or in spirit
Presider: Blessed be God: Father, Son, and Holy Spirit.
People: And blessed be his kingdom, now and for ever. Amen.

The Presider welcomes the people and introduces the Eucharist.

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord.
Amen.

Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

The Collect of the Day
Presider: Lord be with you.
People: And with thy spirit.
Presider: Let us pray.

O God, who on the holy mount didst reveal to chosen witnesses thy well-beloved Son, wonderfully transfigured, in raiment white and glistening: Mercifully grant that we, being delivered from the disquietude of this world, may by faith behold the King in his beauty; who with thee, O Father, and thee, O Holy Ghost, livest and reigneth, one God, world without end. Amen.

The First Lesson
Exodus 34:29-35
Moses came down from Mount Sinai. As he came down from the mountain with the two tablets of the covenant in his hand, Moses did not know that the skin of his face shone because he had been talking with God. When Aaron and all the Israelites saw Moses, the skin of his face was shining, and they were afraid to come near him. But Moses called to them; and Aaron and all the leaders of the congregation returned to him, and Moses spoke with them. Afterward all the Israelites came near, and he gave them in commandment all that the Lord had spoken with him on Mount Sinai. When Moses had finished speaking with them, he put a veil on his face; but whenever Moses went in before the Lord to speak with him, he would take the veil off, until he came out; and when he came out, and told the Israelites what he had been commanded, the Israelites would see the face of Moses, that the skin of his face was shining; and Moses would put the veil on his face again, until he went in to speak with him.
Lector: Hear what the Spirit is saying to God’s people.
People: Thanks be to God.

The Psalm
Psalm 99:5-9 Dominus regnavit
Proclaim the greatness of the Lord our God and fall down before his footstool; * he is the Holy One.
Moses and Aaron among his priests, and Samuel among those who call upon his Name, * they called upon the Lord, and he answered them. He spoke to them out of the pillar of cloud; * they kept his testimonies and the decree that he gave them.
O Lord our God, you answered them indeed; * you were a God who forgave them, yet punished them for their evil deeds. Proclaim the greatness of the Lord our God and worship him upon his holy hill; * for the Lord our God is the Holy One.

THE SECOND LESSON  2 Peter 1:13-21
I think it right, as long as I am in this body, to refresh your memory, since I know that my death will come soon, as indeed our Lord Jesus Christ has made clear to me. And I will make every effort so that after my departure you may be able at any time to recall these things. For we did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honor and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, “This is my Son, my Beloved, with whom I am well pleased.” We ourselves heard this voice come from heaven, while we were with him on the holy mountain. So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. First of all you must understand this, that no prophecy of scripture is a matter of one’s own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.

Lector:  Hear what the Spirit is saying to God’s people. People:  Thanks be to God.

Clergy:  The Holy Gospel of our Lord Jesus Christ according to Luke.
People:  Glory be to thee, O Lord.

Jesus took with him Peter and John and James, and went up on the mountain to pray. And while he was praying, the appearance of his face changed, and his clothes became dazzling white. Suddenly they saw two men, Moses and Elijah, talking to him. They appeared in glory and were speaking of his departure, which he was about to accomplish at Jerusalem. Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him. Just as they were leaving him, Peter said to Jesus, “Master, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah” —not knowing what he said. While he was saying this, a cloud came and overshadowed them; and they were terrified as they entered the cloud. Then from the cloud came a voice that said, “This is my Son, my Chosen; listen to him!” When the voice had spoken, Jesus was found alone. And they kept silent and in those days told no one any of the things they had seen.

People:  Praise be to thee, O Christ.

THE NICENE CREED
All stand in body or in spirit
We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE
Clergy:  Loving God, hear the prayers of your people as we respond to “Loving God” with “Hear our prayer.”

Intercessor:  We pray for the Church and the ministry of our leaders: for Michael Curry, our Presiding Bishop, and Megan Traquair, our Bishop. We pray for Matthew Woodward, our Dean, and for all our Cathedral clergy and laity. In our Diocesan family we pray for Jerry Lamb and Barry Beisner, our Bishops retired, and the congregation of St. Andrew’s in the Highlands, Peter Rodgers, Vicar. We pray for the Episcopal Church in Navajoland and the Diocese of Jerusalem.

At the conclusion of each petition:
Loving God,
Hear our prayer.

Presider:  Loving God, please accept the prayers of your people and strengthen us to do your will. Amen.

THE CONFESSION
Presider:  Let us humbly confess our sins unto Almighty God.
People:  Most merciful God, we confess that we have sinned against thee in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved thee with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of thy Son Jesus Christ, have mercy on us and forgive us; that we may delight in thy will, and walk in thy ways, to the glory of thy Name. Amen.

Presider:  Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. Amen.
THE COMFORTABLE WORDS

The Presider says

Hear the Word of God to all who truly turn to him.

Matthew 11:18

Come unto me, all ye that travail and are heavy laden, and I will refresh you.

John 3:16

God so loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life.

1 Timothy 1:15

This is a true saying, and worthy of all men to be received, that Christ Jesus came into the world to save sinners.

1 John 2:1-2

If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the perfect offering for our sins, and not for ours only, but for the sins of the whole world.

THE PEACE

All stand in body or in spirit

Presider: The peace of the Lord be always with you.

People: And with thy Spirit.

Ministers and the People may greet one another in the name of Christ.

WELCOME & ANNOUNCEMENTS

THE HOLY COMMUNION

OFFERTORY SENTENCE

Ephesians 5:2

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

THE GREAT THANKSGIVING

The People remain standing in body or in spirit

Presider: The Lord be with you.

People: And with thy spirit.

Presider: Lift up your hearts.

People: We lift them up unto the Lord.

Presider: Let us give thanks to the Lord our God.

People: It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Creator of the light and source of life, who hast made us in thine image, and called us to new life in Jesus Christ our Lord.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying:

Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy Glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, “Take, eat, this is my Body, which is given for you. Do this in remembrance of me.”

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, “Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me.”

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory. And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies...

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. AMEN.

THE LORD’S PRAYER

And now, as our Savior Christ hath taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

THE BREAKING OF THE BREAD

The Presider breaks the consecrated Bread. A period of silence is kept. Then may be said

Alleluia. Christ our Passover is sacrificed for us;

Therefore let us keep the feast. Alleluia.

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, grant us thy peace.
THE PRAYER OF HUMBLE ACCESS
We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

THE INVITATION
Presider: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION OF THE PEOPLE
You are welcome to receive communion. Communion is offered with gluten free bread only, wine and at the east transept, grape juice. Communion will be taken by eating the bread and sipping from the cup. If you do not feel able to sip from the cup, please allow it to pass by. We believe that if you have received communion in one kind (bread only) you have received a full communion. Cross your arms over your chest if you wish to receive a blessing in place of consuming. Ministers offering prayer for special concerns are at the side altar.

THE POST COMMUNION PRAYER
Presider: Let us pray
Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

THE BLESSING
Presider blesses the people. The people respond with, Amen.

THE DISMISSAL
The Presider dismisses the people. The people respond with, Thanks be to God.

RECESSIONAL HYMN
#137 O wondrous type!

O wondrous type! O vision fair
of glory that the Church may share,
which Christ upon the mountain shows,
where brighter than the sun he glows!

With Moses and Elijah nigh
the incarnate Lord holds converse high;
and from the cloud, the Holy One
bears record to the only Son.

With shining face and bright array,
Christ deigns to manifest today
what glory shall be theirs above
who joy in God with perfect love.

And faithful hearts are raised on high
by this great vision's mystery;
for which in joyful strains we raise
the voice of prayer, the hymn of praise.

O Father, with the eternal Son,
and Holy Spirit, ever One,
vouchsafe to bring us by thy grace
to see thy glory face to face.

Latin, 15th cent.; tr. Hymns Ancient and Modern, 1861, after John Mason Neale (1848-1866), alt.